

# OCTOBER 2024

Find us on 

UT Extension - Monroe County

## MONROE COUNTY 4-H NEWSLETTER



### ANIMAL PROJECTS

The 4-H Program in Monroe County offers a wide variety of animal projects for youth from grades 4 - 12. You can choose to participate in one or more animal projects as you wish, and show your animals at the county, state, and regional, and fair levels. The animals that you can show in 4-H are: Beef Cattle, Sheep, Swine, Horse, Meat Goats, and Poultry. It takes a big commitment to feed, water, and care for the animal everyday. Also, your animals must have a covered stall or pen for adequate shelter. If you have questions and are interested in showing an animal for 4-H shows, please contact Greg Austin or Morgan Davis.



### 4-H PLEDGE

I pledge my **HEAD** to clearer thinking,  
my **HEART** to greater loyalty,  
my **HANDS** to larger service,  
and my **HEALTH** to better living,  
for my club, my community,  
my country, and my world.



Monroe County had another great turnout for 4-H camp in 2024! Approximately 91 youth attended 4-H Camp at Clyde Austin 4-H Center in Greeneville, TN. 4-H Camp is for youth in grades 4 through 8.

**STAY TUNED FOR NEXT MONTH'S NEWSLETTER WHEN WE REVEAL THE DATES FOR CAMP NEXT SUMMER IN 2025!**



### MONROE COUNTY 4-H AWARDS

4-H members who participate in a 4-H contest in the classroom will receive a 4-H ribbon. Below is the breakdown of the ribbon colors and what they mean.

**BLUE:** A blue ribbon is awarded to those entries that exceed the average standard and is good quality work. It may be given to multiple participants.

**RED:** A red ribbon is awarded when the average level of accomplishments meets expectation, but improvements are needed in some areas.

**WHITE:** A white ribbon is awarded when required components or pieces are missing from the speech, poster or exhibit.

### OUTSTANDING 4-H CLUB OF THE YEAR AWARD

Guidelines:

- Must meet regularly with 4-H Agents.
- Recorded participation in club meetings, contests and service projects on a local, county, and multi-county level.
- Quality participation includes behavior and personal effort.
- Awards given to 4-H Club who shows the most 4-H quality participation.
- Outstanding 4-H Club Award: Pizza Party!



Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating. UT Extension provides equal opportunities in programs and employment.

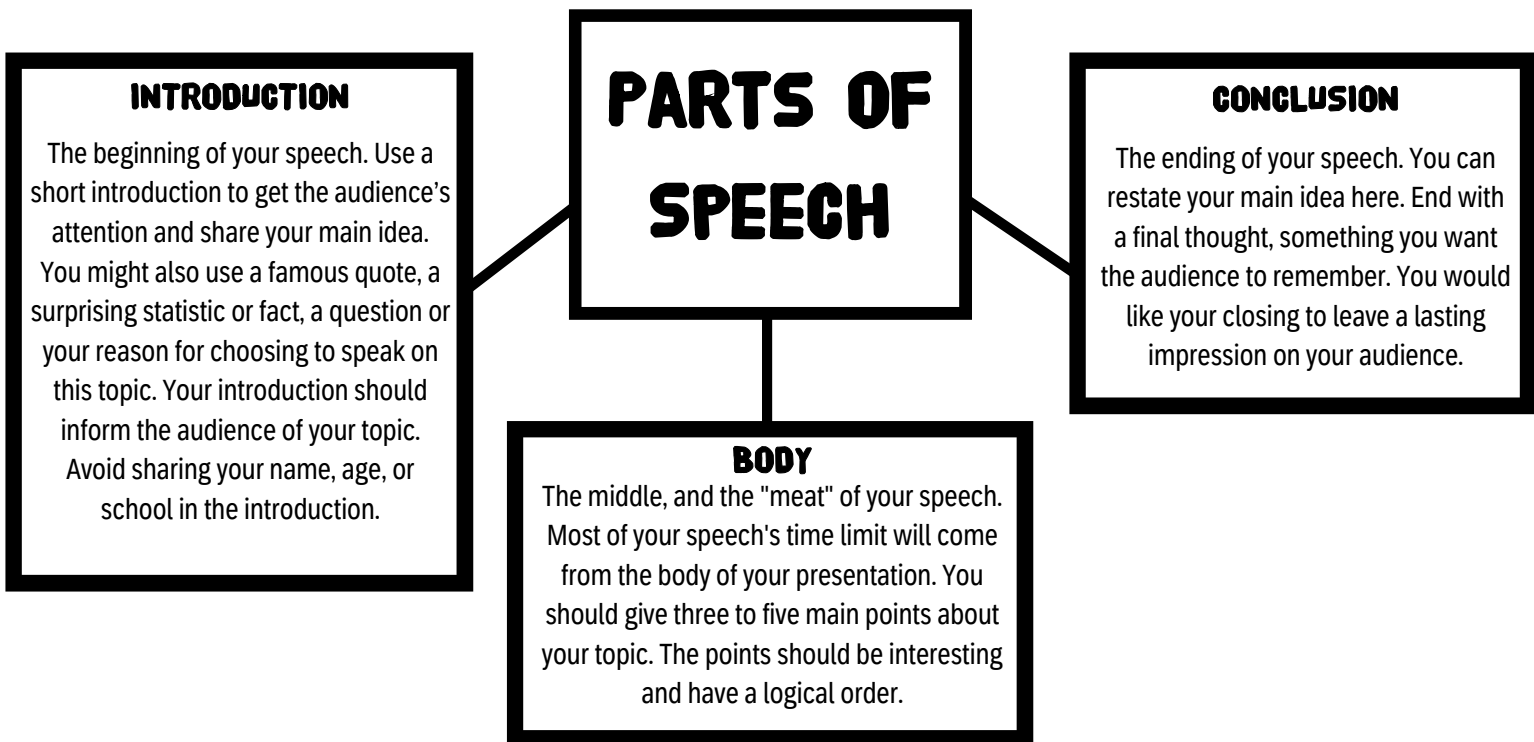
# 4-H PUBLIC SPEAKING

Prepare yourself for the rest of your life by participating in the 4-H Public Speaking Contest. This is a life skill you will use regardless of the occupation you choose. You will deliver your speech at your next 4-H Club Meeting (November or December). Public Speaking will mean giving a speech in front of a group. Giving a speech can be fun and exciting, but it may also make you nervous! If you write your speech and practice as much as possible, you will be much more comfortable when you stand up to speak.

**SELECT A TOPIC:** You will need to select a subject that interests you. It could be on a variety of areas - cars, lions, 4-H camp, my trip to the beach, etc. Remember that your speech can be informative, persuasive, or entertaining. After you have selected your topic, learn as much as possible about your subject. Gather information from several different sources, such as your school or city library, your local 4-H Office, or by asking an expert on the subject. For example, if you did your speech on fire safety, you could visit your local fire department and get information on the number of fires in your community last year. Remember, select a topic that you will enjoy talking about!

**ORGANIZE YOUR INFORMATION:** Once you have all your information, it is time to start writing your speech. Your speech needs to be written on note cards on the day of the classroom contest.

## A SPEECH HAS THREE BASIC PARTS.



**DELIVERY:** How you give your speech in the local contest depends on how prepared you are on that day. Practice, practice, practice! Less practice will make you more nervous! Here are some tips that you can work with:

**VOICE:** Clearly pronounce your words and use good grammar. Speak loud and clear - you want everyone to be able to hear your great speech! Take your time and don't talk too fast or too slow.

**EYE CONTACT:** Looking up while you speak is not easy, but is very effective. Your voice will carry better, and your audience will pay more attention to you.

**POSTURE:** Stand straight, don't slouch! Keep your feet flat on the floor, and don't shift from side to side. Keep both hands holding your speech and not in your pockets or playing with your hair.

**NO VISUALS:** This requires only yourself and your note cards. Do not use posters or something that you made.

**TIME LIMITS:** 4th Grade: 1 -2 minutes  
5th & 6th Grades: 2 -3 minutes  
7th & 8th Grades: 3 -5 minutes

Greg Austin  
Extension Director  
gaustin@utk.edu  
(423) 442-2433

Morgan Davis  
Extension Agent  
mcox46@utk.edu  
(423) 442-2433

## GOOD LUCK!